

AMERICAN RED CROSS LIFEGUARD CLASS

AT THE NEW MILFORD SWIM CLUB



May 21, 23, 28 4pm-8pm



-The pretest on May 21st includes a 300-yard swim, 2-minute tread with no hands, and a timed brick rescue.

-Blended learning course includes online coursework alongside in-person classes.

-Students must supply a fanny pack infant and adult CPR mask, gloves, and whistle.

-Must be 15 years old by 5/20

Cost: \$400

or

\$350 for those intending to work at the NMSC!

**American Red Cross
Certification is valid for 2 years.
Need to be recertified?
Join May 28th for recertification
of \$150**

To register or for any questions:

www.newmilfordswimclub.com

info@newmilfordswimclub.com

201-265-5635

